

Resources from The Florida Council on Compulsive Gambling, Inc

Southeast Florida Gamblers Anonymous, Singer Island/Lake Park GA - Saturday Morning - OPEN - Meetings

Resource number: 92103315

A program of: Self-Help Support Groups Gamblers Anonymous (GA)

Description

The Singer Island/Lake Park Saturday Morning Gamblers Anonymous Meeting takes place at Kelsey Park on Saturday mornings from 10:00am - 11:30am (ET) and is an OPEN meeting. No Gam-Anon meeting is held at this location during this time.

Description of Location: The meeting happens at the east end of park. Look for the pavilion with the green roof and bring a chair.

Gamblers Anonymous (GA) is an anonymous and confidential fellowship of men and women of all ages, from diverse social and economic backgrounds, races and religions, who meet for the purpose of sharing their experience, strength and hope as it relates to maintaining abstinence from gambling while living a happy and useful life. There are no dues or fees, and the only requirement for membership is a desire to stop gambling.

This program has been addressing gambling addiction and helping those affected since the 1950s. This 12-step meeting has tens of thousands of members around the United States, is free to attend, and offers sponsorship and pressure relief as significant components of the program. Many people choose to use this resource as their only recovery program, as they feel more comfortable being around people who have/are living with a gambling addiction than they do in a one-on-one counseling type setting. The FCCG encourages self-help resources in conjunction with individual treatment options.

Self-help is a critical part of the recovery process. Self-help groups can assist you with tools for recovery and can provide insight that you are not dealing with this problem alone. Generally, self-help groups offer the opportunity to identify with others through a shared group experience, and furnish ongoing and lifelong support.

An aspect of many self-help programs is sponsorship. Sponsors may provide additional information, encouragement, fellowship and guidance to newcomers on a voluntary basis. They may also furnish assistance and offer suggestions to newcomers on a case-by-case basis.

GA operates two types of meetings: open and closed. An open meeting is open for all persons to attend regardless of their relationship to the gambler, whereas closed meetings are strictly for gamblers only.

Phone Numbers

Florida GA Hotline 1-855-222-5542
Primary Meeting Contact

Site Information

Location	Kelsey Park (U.S. 1 and Foresteria Dr.), 601 Federal Hwy Lake Park, FL 33403	Description of Location	The meeting happens at the east end of park. Look for the pavilion with the green roof and bring a chair.
Mailing Address	Kelsey Park (U.S. 1 and Foresteria Dr.), 601 Federal Hwy Lake Park, FL 33403	Hours	Sat: 10:00am (ET) - 11:30am (ET);

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Program Information

Eligibility

Languages Offered English, English

Payment Options

Fees Free

Application Process

Documents Required

Normal Wait Time

Capacity

Volunteer Opportunities No

Coverage Areas

FL - Palm Beach County - Lake Park - 33403	FL - Palm Beach County - Palm Bch Gdns - 33403	FL - Palm Beach County - W Plm Bch - 33403
FL - Palm Beach County - N Palm Beach - 33403	FL - Palm Beach County - Palm Beach Gardens - 33403	FL - Palm Beach County - West Palm Bch - 33403
FL - Palm Beach County - North Palm Beach - 33403	FL - Palm Beach County - Riviera Beach - 33403	FL - Palm Beach County - West Palm Beach - 33403

Main Contact

Name Florida GA Hotline
Title Primary Meeting Contact
Phone 1-855-222-5542